Abstract

Patients with recurrent *Clostridium difficile* infection (RCDI) have a $\geq 60\%$ risk of relapse because antibiotics cannot correct the underlying dysbiosis. In a single-arm open-label study in 30 patients with ≥3 episodes of RCDI within 9 months, SER-109, an ecology of bacteria in spore form, prevented RCDI in 87% patients over 8 weeks. Three patients with transient *C. difficile* positive diarrhea achieved clinical resolution without additional antibiotic treatment, leading to an overall clinical response of 97%. We compared kinetics and durability of spore engraftment by clinical outcome.

Background

Clostridium difficile infection (CDI) designated in 2013 as a top urgent threat by the Centers for Disease Control and Prevention (CDC)

- Leading cause of hospital-acquired infection in the U.S. and in Europe
- Approximately 29,000 deaths in the U.S. each year (Lessa et al., NEJM 2015)
- 25% of patients experience a recurrence after the first episode; the risk of recurrence is >60% among those with >2 relapses (Vardakas et al., Int J Antimicrob Agents 2012)
- Patients with RCDI have a microbiome with significantly decreased diversity (Chang et al., JID 2008)

Antibiotics do not treat root cause of the disease - dysbiosis of the microbiome

Microbiome-based therapeutics are consortia of microbes designed to catalyze the transition of the microbiome from a disease state to a state of health.



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Engraftment of SER-109 Spores was Rapid and Durable in Patients with Recurrent *Clostridium difficile* infection

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Methods

In an open-label phase 1b/2 clinical study (SERES-001), 30 patients with a history of RCDI were enrolled in two different dosing cohorts. Patients were given SER-109 oral capsules 48 hours after completing therapy for CDI. The primary clinical endpoint was prevention of RCDI (>3 loose C difficile+ stools in 24 hours). Kinetics and durability of engraftment were evaluated at day 4 and weeks 1, 2, 4, 8 and 24.

- SER-109 was developed as a microbiome-based therapy composed of spore-forming Firmicutes derived from the stool of healthy donors.
- Spore purification with ethanol selectively kills vegetative bacteria, fungi, parasites and most viruses, reducing the risk of pathogen transmission.

Demographics

Sex and Age									
		Number		Mean Age		Stdev			
	Female	20		56.6		18.0			
	Male	10		68.0		15.0			
Last Antibiotic Received and # Recurrences									
		Number	Mean Recurrences		es	Stdev			
idaxomicin		5	3.2			1.1			
					NI / A				

fidaxomicin	5	3.2	1.1
metronidazole	1	2	N/A
rifaximin	1	4	N/A
vancomycin	23	3.3	1.1

Results





Average microbiome α -diversity in patients pre- and post-treatment with SER-109. Diversity indices are calculated based on taxonomic assignments to phylogenetic clades.

